

ST. PHILIP HOWARD CATHOLIC PARISH CHURCH

33 Walpole Road,
Cambridge CB1 3TH
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SPH Office Email: sphcambridge@gmail.com
Web: www.sphcambridge.org.uk

18TH WEEK OF THE YEAR

Sunday, 2 August 2026

Lectionary:

Sundays: Year A – Weekdays: II – Psalter: Week 2



CLERGY

PARISH PRIEST:

The Revd Father PHILIP JOHN
33 Walpole Road
Cambridge
CB1 3TH

Tel: (01223) 211235 | 0771 313 9350
Philip.John@rcdea.org.uk

Mgr. TONY ROGERS

40 Dunstan Court
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DEACON:

The Revd Dr JOHN BELL
3 Applewood Close,
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PARISH OFFICERS

Fabric and Finance Chairman
joanmariamilne@icloud.com

Treasurer and Gift-Aid Officer
Prasanth Francis
Tel: 07877 378104

Email: treasurer@sphcambridge.org.uk

Parish Safeguarding Officer
Hugh Bradley
Tel: (01223) 244222
hughdbradley@gmail.com

DATA PROTECTION If you have contact details printed in the newsletter that you do not want published on our website, please inform Fr. Philip John (details above).

HOLY COMMUNION TO THE SICK AND HOUSEBOUND

Fulbourn

Phoebe Vargas 07796 893 558
Alistair Milne 01223 894997

Cherry Hinton

Nicky Marks 07876 713558

HOSPITAL POLICY

PLEASE contact the Chaplaincy Office directly on (01223) 217769 to inform them of any Catholic family members who may have been admitted to ensure that they are registered as a Catholic and that the patient has ticked the box giving permission for a priest or a member of the Chaplaincy Team to visit. More information at:

www.addenbrookes.org.uk/serv/nonclin/chaplaincy/

EAST ANGLIA PILGRIMAGE TO LOURDES

21-28 August

There are details of this year's pilgrimage [here](#). You can express an interest in joining the pilgrimage [here](#).

DONA & GIVING TO THE PARISH

If you have a **Mass intention**, you can use one of the small brown envelopes for your offering and give it directly to a priest or post it through the priest's door. If you pay for a Mass intention through **Dona**, please also fill out a brown envelope *clearly* and mention on it that you have paid via Dona. Other ways of giving to the parish include **standing orders**, **gift aid** and through a **legacy** in your will.

Sunday collection: £n/a

Donation

Church Renovation

Repository

Candles

Church Pews

Mass Intentions

Second Collection

Stained Glass

PARKING DURING THE CAMBRIDGE FOLK FESTIVAL

Saturday-Sunday, 1-2 August

Parishioners who usually park at Cherry Hinton Park for weekend Mass should be aware that the car park there will be closed this weekend for the Cambridge Folk Festival. If there is insufficient parking available in the church car park, parishioners are requested to leave their vehicle in the St. Bede's School parking area. Thank you.

SPH YOUTH SUMMER SOCIAL

5.30-9pm, Saturday, 29 August

After the Vigil Mass, join us for a relaxed evening of board games, quizzes, good food, and great company. Whether you're competitive or just looking to have fun and meet new people, there's something for everyone. Food will be provided. This event is for anyone between the ages of 13 and 25.

There is a sign-up sheet at the back of the church or use the following link: <https://forms.gle/bg7d7mTWh92TMdpu5>

Would you like to **support** this event? Parents and parishioners wishing to sponsor food and drinks for the evening can make a donation via **Dona** or directly in cash to Fr. Philip.



THE FIVE FIRST
SATURDAYS DEVOTION



To honour
and to make
reparation to the
Immaculate
Heart of Mary



FIRST SATURDAY

1 August

8.30am: Adoration & Holy Rosary
9.30am: Holy Mass

CONFIRMATION CLASSES IN 2026/27

The new Confirmation class schedule has been announced with the first class on **17 October**. The full schedule along with registration forms is [here](#).



MUSICIANS & CHOIR SUMMER BREAK

Our parish cantors, choirs and organists will be taking their annual summer break for the month of August. Thank-you to all of them for providing the music which enhances our weekly liturgy and for all the time and commitment they give for weekly practices and preparation. During August the Missal chants for the Ordinary of the Mass will still be sung.



MARCH FOR LIFE

Saturday, 5 September

Join Bishop Peter and 13 other Catholic bishops on the **March for Life UK** in London this September.

The March starts at 1.30pm but there are many events throughout the day. Click [here](#) to read about them.



THIS WEEK'S SAINT

Wednesday, 5 August: **Dedication of the Basilica of St. Mary Major ('Our Lady of the Snows')**. The Feast of the Dedication of the Basilica of Saint Mary Major commemorates the church traditionally linked with the miracle of Our Lady of the Snows.

According to ancient tradition, the Virgin Mary appeared in dreams to a wealthy Roman couple and to Pope Liberius, asking that a church be built where snow would miraculously fall. On 5 August, the heart of summer, snow covered the Esquiline Hill in Rome, marking the site for the basilica. The feast honours both Mary's guidance and her special place in the life of the Church.

OUR LADY OF PEÑAFRANCIA

Sunday, 30 August



- **11.30am:** Procession
- **12pm:** Holy Mass
- **2pm:** Novena & Rosary

SPH BIBLE STUDY

- Starts in **September**
- The Story of Salvation
- Registration [link](#)

ANNUAL AFRICAN MASS

5.30pm, Saturday, 12 Sept.

After the Vigil Mass, there will be a bring-and-share food & drinks reception.

All are warmly invited!

MONTH OF THE IMMACULATE HEART OF MARY

The month of **August** is traditionally dedicated to the Immaculate Heart of Mary. It leads us to a deeper relationship with Christ, as her heart is always united to His. This devotion helps us to imitate her purity, humility, and unwavering faith.



- **5 August:** Dedication of the Basilica of St. Mary Major ('Our Lady of the Snows')
- **15 August (moved to 16 August):** Assumption of the BVM
- **22 August:** The Queenship of Mary

CAMBRIDGE NAZARETH TRUST

This Trust was established by members of the Equestrian Order of the Knights of the Holy Sepulchre of Jerusalem to provide education and development of our Christian brothers and sisters in the Holy Land.

HOLY FAMILY CRËCHE

Donation envelopes for this project are available in the display unit in our porch.

OPUS DEI

Women's group meets monthly.

Contact: Laura Roldán:

mlauramarchessi@gmail.com

SECULAR FRANCISCANS

Contact: Jaci Agarwala

Tel: 01223 213895 or

ofs.assisi@yahoo.com

CARMELITE GROUP

Contact: Antonia Braithwaite

carmelite.cambridge@gmail.com

CATECHISM LATIN-RITE

Year 1 Beate Gürtler-Green:

beate@guertler-green.co.uk

Year 2 Anne Manning

amanning15@gmail.com

Year 3 Phoebe Vargas

janphoebe5@gmail.com

Year 4 Lauren DesRuisseaux

laurenruisseaux@btinternet.com

Year 5 Carol Kelsall

ckelsall@btinternet.com

SYRO-MALABAR COMMUNITY

Contact: Santos Mathen

Email: mathensantosh@gmail.com

Mobile: 07958139920

Contact: George Paily

Email: meringerin4@gmail.com

Mobile: 07737465958

Syro-Malabar Catechism

Years 1-5 Shiji Jenson

Email: Shijijenson78@gmail.com

Years 6-10 Bigily Joy

Email: bigilymerlinjoy@yahoo.co.uk

Mobile: 07915607421

AFRICAN COMMUNITY

Contact: Dominic Oyeniran

oad74@yahoo.com

NATURAL FAMILY PLANNING

antonia.braithwaite@gmail.com

MISSIO (APF)

Contact: info@missio.org.uk

NATIONAL PILGRIMAGE

Pilgrimage of Reparation and Prayer for the Sanctity of Life

Celebrant: Rt Rev Peter Collins, Bishop of East Anglia

When: 1st August 2026

Where: Shrine of Our Lady Of Walsingham

Time: 12:00-17:00, beginning with the Pilgrim Mass at noon



CAMBRIDGE CATHOLIC PARISHES

OUR LADY AND THE ENGLISH MARTYRS

Hills Road, CB2 1JR
Tel: (01223) 350787
or (01223) 448780

SAINT LAURENCE

91 Milton Road, CB4 1XB
Tel: (01223) 704640

BAPTISM PREPARATION

Contact: Fr Philip John:

Philip.John@rcdea.org.uk

<https://www.rcdea.org.uk/marriage-preparation/>

USE OF CHURCH PREMISES & NEWSLETTER ITEMS

For information contact:

sphcambridge@gmail.com

CAFOD & JUSTICE & PEACE

For information contact:

Bernard Shaw on (01223) 240207

or Sheila Brookes at

Sheila.brookes@btinternet.com

or (01223) 503948

Meetings are held online on the second
Tuesday of each month at 19h30.

J&P Facebook page:

<https://www.facebook.com/people/Cambri-dge-Justice-and-Peace-Group/100064618067019/>

PARISH MUSIC

Contact Fiona Kirker:

sphparishmusic@gmail.com

REPOSITORY ITEMS

Contact :Antonia Braithwaite:

antonia.braithwaite@gmail.com

SPH KNITTING GROUP

From January, the **SPH Knitting Group** will meet in the **Community Room at St Philip Howard Church** on the first Tuesday of every month from 2pm to 4pm. Everyone is welcome. For more information, please contact Nicky Marks (07876 713558) or Anne Manning (07742 758095).

DIOCESAN LISTENING & PRAYER MINISTRY



Whatever you are going through right now it can help to talk; it can ease the burden and help you to see the way through. The Diocese offers a Ministry of listening and prayer for parishioners in need.

- Click **here** for a booking form.
- Click **here** for other sources of support.

GOSPEL REFLECTION A Family Day Out with Jesus (Mt. 14: 13-21)

Every mother knows the disaster-situation of the family day out when the shops turn out to be closed and the emergency supplies have been left at home. This lot have been following Jesus three days on the trot, and there must have been nothing left at all to eat. Jesus turns the disaster into a party for that huge crowd of people. Left to our own resources we are helpless, but Jesus can deal with that. How many were there? We don't know, for the numbers are symbolic. In the Bible 'twelve' alerts us to the tribes of Israel. So the twelve baskets of scraps show that the crowd is the twelve tribes of Jesus' new Israel.

The way Jesus takes the bread and says the blessing must remind any Christian of the Eucharist. So this gigantic field-party was a sort of Eucharist, Jesus at the centre of his people, entertaining them and cheering them. It probably wasn't very orderly. There would have been children enjoying the food and then running around and tripping up themselves and others. An African Mass is often like that, with lots of singing and dancing and celebration. That is why the Sunday Mass is so important: meet your friends and celebrate Christ together!



REFLECTION: READING 1

Isaiah 55: 1-3

Invitation to the Banquet

Our approach to God and to things divine has two seemingly contrasting aspects. On the one hand we must be aware in awe of the splendour of God and of our own terrifying littleness; this engenders a hushed stillness in us. On the other hand, we are filled with joy and celebrate what God has given us. Particularly in Christianity there is the joy of family and community, celebrating our oneness in Christ; the obvious way to celebrate this is a party with noise, food and drink. The readings on this Sunday are all about joy and celebration, and the first reading and gospel sound as if they are about a party. Isaiah hands us an invitation to the party. Two points are worth making about this invitation in Isaiah. Firstly, it is couched in similar terms to the biblical invitations from God's Wisdom to come and share the banquet prepared by Wisdom for those who wish to learn God's ways. Secondly, it is a fulfilment of the tradition of the covenant which dominates the Old Testament. God made an alliance, an intimate bond, with special promises to Abraham; he renewed it and intensified it with Moses and again with David. When Israel shattered that covenant by constant rebellion, God promised a new covenant, ratified again at a party, at Jesus' Last Supper with his disciples.

REFLECTION: READING 2

Romans: 8: 35. 37-39

A Celebration of God's Love

This lively expression of delight and confidence really sums up what God's love for us is all about, as it is manifested and given to us in the saving act of Jesus. In Romans Paul gives us the fullest explanation of just how Christ saves us, and how we are made a new creation and now live by the Spirit of Christ. After that, Paul goes on to present particular consequences and applications of this. There will be another such outbreak of joy from Paul which we read in three weeks' time (Romans 11:33-36). It is Paul at his best and most ardent. First, just before our reading, comes a series of excited rhetorical questions: 'What can we add?', 'Can anyone condemn?', 'Are we not certain?' Then there is the expression of Paul's total confidence in God's saving love, from which nothing can cut us off. In the biblical mind 7 is the perfect number, signifying completion: Paul first gives 7 hardships and trials which cannot cut us off, then 7 hostile powers which are powerless against the love of God. The message is: there isn't anything that can separate us from the love of God.

READERS		
Aeola Fernandes Antoinette Asante	Vigil Mass 5.30pm	Saturday, 1 August
Remilda D'Souza Mary Sinclair	10am	Sunday, 2 August
Jumoke Sule Isabel Cruz	12pm	

COUNTERS FOR THE WEEK OF 2 AUGUST	
Mme Esien & Rose Desmond	

DATES FOR YOUR DIARY	
First Saturday devotion	8.30am, 1 August
St. John Vianney	Tuesday, 4 August
The Transfiguration of the Lord	Thursday, 6 August

The Sacred Liturgy This Week (1-9 August)

1 AUG.	FIRST SATURDAY ST. JAMES Ap. Feast	
08h30	Adoration & Holy Rosary	
09h30	Holy Mass: +Amon Daniels	(R. D'Souza)
17h30	Vigil Mass: +Mary & Spiro Curtis	(M. Curtis)
2 AUG.	18TH SUNDAY IN ORDINARY TIME	Psalter Week 2
10h00	Holy Mass: +John Latham Sr.	(Eason)
12h00	Holy Mass: People of the Parish	
15h15	Syro-Malabar Qurbana	
3 AUG.	MONDAY FERIA	
09h00	Office of Readings & Lauds	
09h30	Holy Mass: +Andrew MacDonald	(G. & P. Carson)
4 AUG.	TUESDAY ST. JOHN VIANNEY P. Mem.	
09h00	Office of Readings & Lauds	
09h30	Holy Mass: +Herida Gwatidzo	(A. Mashapure)
5 AUG.	WEDNESDAY FERIA	
09h30	Office of Readings & Lauds	
10h00	Holy Mass: +Maureen Harper	(F)
19h00	Syro-Malabar Qurbana	
6 AUG.	THURSDAY TRANSFIGURATION OF THE LORD Feast	
09h00	Office of Readings & Lauds	
09h30	Holy Mass: +Joseph George	
7 AUG.	FRIDAY FERIA	
09h30	Office of Readings & Lauds	
10h00	Holy Mass: Private intention	(R. Savage)
19h00	Syro-Malabar Qurbana	
8 AUG.	SATURDAY ST. DOMINIC P. Mem.	
09h00	Office of Readings & Lauds	
09h30	Holy Mass: +Herida Gwatidzo	(A. Mashapure)
17h30	Vigil Mass: +Theresa Williams	(M. Archibald)
9 AUG.	19TH SUNDAY IN ORDINARY TIME	Psalter Week 3
07h40	Syro-Malabar Qurbana	
10h00	Holy Mass: People of the Parish	
12h00	Holy Mass: +Michael Hood	(S. Kelly)

(F): Foundation

(L): Living

(T): Thanksgiving.

(S): Sick

(B): Birthday

AUGUST 2026

DEATH ANNIVERSARIES

Phyllis Adolfson, Angela Ambrose, Mrs. E. Borrelli, William Brinn, John Cambridge, John Campbell, Bridget Carolan, Eveline Castro, Donald Chave, George Cheeseborough, Teresa Clery, Mabel Cole, Michael Connelly, Bernadette Coogan, Allan Cook, Minnie Corrigan, Annie Cosgrove, Eugene Cryan, Mary Cryan, Lucy Cunningham, Kathleen Cuvillo, Mark Dempsey, Patrick Devine, Kathleen Doherty, Marie Dyra, Patrick Dyra, Mary Edwards, Margaret Fagan, Duggie Fennell, Joyce Firek, Bridget Agnes Sheila Gardener, Mary Grosvenor, Irene Gustie, Ann Halligan, Joan Hands, Earl Reginald Harkness, Bridget Harwin, Kenneth Hawkins, Leonard Hanson, Brendon Heron, Jessie Hicks, Linda Hodge, Bill Hurley, Helena Iwanko, Bridie Johnson, Alice Keane, Edie Kennelly, Bill Lane, Edward Lindsay, Patrick Lindsay, Maurice Lynch, Joaquin Mattos, Margaret Mattos, Kathleen McBride, Kathleen McDevit, Michael McKeown, Thomas McManamon, Martin Morris, Catherine Munnelly, John Thomas Munnelly, Jane Murray, Jennifer O'Briazs, Michael O'Hara, John O'Neil, Mary O'Shea, Stanley Pickard, Ivy Pizey, Tim Pizey, Patricia Ramsay, Louisa Mary Santry, Alfred Sharp, Jenny Sinclair, Annie Sisam, Frederick George Smith, Mark Swain, Elizabeth Sylvester, Patrick Tynan, Elsie Walker, Dorothy Weaver, Stephen Whitty, Ken Williams, Theresa Williams, Margaret Willsmore, Mary Wilson, Terry Wilson, Annie Wire, Lady Patricia Hennessy, John Domone, Richard Rayner Clayton.

FOR THOSE WHO ARE ILL

Owen Crouch, Teresa Margaret Creet, Angela Fordham, Simon Janos, Beth Malubay, Joseph Mashapure, Monica Nwaiku, Sr. Noreen O'Connor, Lucy Richardson, Vyramuthu Sabanathan, Robert Secker, Jayne Stewart, Michelina Starace, Frances Wiseman, and all others.

PRAYER

Loving God, your Son accepted our sufferings to teach us the virtue of patience in human illness. May all who suffer pain, illness, disease, and the frailty of old age realise that they have been chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. Being restored to health, they may render thanks to you in your Church. Amen